

## Continuous Improvement/Complaints

Please let us know immediately if you are not happy with our services. Your concerns and comments are essential to help us to continually improve our service to you and your loved ones.

If you feel that your concerns have not been addressed as well as you would have liked you are able to access advocacy services.

Advocare Phone: 1800 655 566

Aged Care Investigation Scheme Phone:1800 550 552

## Funding

Opened in 2005, the J&E Hogg Adult Respite Centre known as Jessie House is funded by the Australian Government Department of Health Commonwealth Home Support Program (CHSP).

One-on-one respite can also be funded by the Commonwealth Home Support Program (CHSP).

## A local service

*Country people  
serving country people*

**Governed by:**  
Shire of Narrogin



# The Cottage Jessie House

**Activity and wellbeing centre**



**Narrogin Regional Homecare**  
Serving the Shire of Narrogin and region

❖  
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# Jessie House is an activity and wellbeing centre for people with memory loss and people who are socially isolated.

## Jessie House

Staff at Jessie House are committed to maintaining independence and enhancing quality of life for those attending, whilst providing respite and support to carers.

Caring for someone fulltime in the home can be both physically and emotionally demanding. To enable family and friends to take time out the Narrogin Regional Homecare team can provide carers a chance for a break for the day.

We will work closely with you to understand your situation and provide the quality support you need.

Providing a wide range of meaningful activities based on a person's strengths, identity and interests, the centre provides meaningful engagement, stimulation and friendship in a specially designed dementia enabling environment.

### Our Mission

To empower the frail aged and people with disability by providing quality services which meet individual needs and encourage positive ageing and wellbeing.

## Activities

Social Activities: piano playing, sing-a-longs, visits from child day care, theme days e.g. Melbourne Cup.

Intellectual activities: reminiscing, quizzes, art & craft, memory games, pet therapy, bingo, board games, cards.

Physical activities: bocce, armchair hockey, beach ball activity, cooking, bean bag toss.

Personal Care: painting nails, pamper days.

## Meals

Lunch is provided along with morning tea. Individual dietary requirements are taken into consideration when meals are prepared. Assistance with feeding will be provided if required.



A secure sensory garden is enjoyed by those attending Jessie House.

Jessie House offers:

- a professional, home-like, social support and respite service
- transport to and from the centre
- an environment that encourages, supports and maintains daily living skills
- a safe, secure and home-like venue with opportunities for socialization and activities to exercise the mind and body
- delicious morning tea and lunch
- activities that are person centered and based around the client's individual needs
- enhanced self esteem and new friendships
- experienced staff trained in dementia care, diversional therapy, personal care and first aid.

## Eligibility

Access to the service is subject to an assessment which will indicate eligibility.

## Costs

Clients are asked to make a financial contribution (based on income) if they are able to.

## Transport

Transport is available. Wheelchair transport can be provided.